## Anlaby Children's Centre

## Summer 2012

Anlaby Children's Centre is situated on First Lane Anlaby on the same site as Anlaby Primary School. The centre has been open and welcoming families through the doors for two years and during that time has become a warm, welcoming and safe environment for local families with young children

The core opening times for the Childrens Centre are 9am to 5pm, although on some days there are advice and training sessions for parents and Childcare providers running after this time.

There are 20 Sure Start Children's Centres in the East Riding all designed to provide support and advice for local families with children under the age of five. They also allow you to share new play and learning experiences, relax, unwind and meet new friends.

The Children's Centres support parents with young children so they can enjoy raising their family and can be a 'one stop shop' for all your families needs including support, play, health, information and guidance, with the overall aim of improving outcomes for all children so that every child has the best possible start in life.

Parents can access support from the time they find out they are pregnant through until their child goes to school. At times parents might need a little extra help. This may be emotional support to help you through the challenges of family life or even someone to provide a helping hand attending appointments or groups.

Anlaby Children's Centres can offer one-to-one family support through their home visiting team, or you can find a variety of sessions within the Children's Centres including:

Health drop-ins; Parenting advice; Messy play; Baby massage; Toy library; Dads' clubs; Home safety advice; Family learning; Breast feeding support; Training and job opportunities

If you have not registered with the Children's Centre please contact us for a registration form or drop in, this way we can keep you informed of events as they happen.

Events planned for the summer include:

National Play Day – 1<sup>st</sup> August; 10am to 3pm

Mini Olympics – 13<sup>th</sup> August; 12pm to 3pm

Let's Buggy – 6<sup>th</sup> September; 10am to 11am (fortnightly)

For more information about our up and coming events; other services and sessions running in the centre please contact us on: 01482 565560.

We look forward to welcoming you!

Michelle Briggs – Centre Leader at Anlaby Children's Centre and the Anlaby Children's Centre team